

BUDDY UP VOLUNTEERING



The Buddy Up project is led by volunteers (Buddies) just like you.

A Buddy supports children and young people with disabilities aged 7-19 years old on a one to one basis and who are at risk at becoming socially isolated.



Your role as a Buddy is super important. Being a Buddy is to be a friend, and to listen and encourage the young person to learn new skills, get involved and to have fun!

What are the benefits for me?

- ✓ Supports UCAS Applications
- ✓ Looks great on your CV
- ✓ Amazing on a Personal Statement
- ✓ Gives you the Feel Good Factor



A Buddy will provide support, recognition and encouragement in:

- Developing social skills, increasing and maintaining friendship groups
- Increasing practical skills for independence
- Helping improve confidence and self esteem



The main reward was seeing my young person develop so much and the whole Buddy Up experience was phenomenal



Becoming a Buddy was one of the greatest decisions I have ever made. Being a role model to someone is a great feeling!



The Queen's Award
for Voluntary Service

The MBE for volunteer groups



BBC
Children
in Need

Contact Nuvvy on 07432 840939 or
email nuvvys@warringtonyouthclub.co.uk